



ENMESH 2013

October 3-5, 2013

Polo Zanotto
Verona (Italy)

VERONA

POCKET GUIDE



www.enmesh.eu



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THE VENUE OF ENMESH 2013

Polo Zanotto - University of Verona
Viale dell’Università, 4
Verona - Italy

HOW TO REACH VERONA & POLO “GIORGIO ZANOTTO”

ARRIVING BY PLANE

Verona “Valerio Catullo” Airport is 11 km far from the city centre. A shuttle bus service is provided by ATV. It runs every 20 minutes, leaving from the airport to the railway station “Verona Porta Nuova”, which is 1,5 Km far from the city centre (www.aeroporto.verona.it). The ticket can be bought on board. You can get to the city centre also by taxi located outside the arrival hall and a trip costs about 20,00 € and takes about 15-20 minutes.

If you arrive in Milano Malpensa the journey to get to Verona might take 3 hours by train. If you arrive in Venice (Marco Polo Airport) it might take up 2 hours to get to Verona.

**ARRIVING BY TRAIN**

“Verona Porta Nuova” railway station is 1,5 km far from the city centre. A public shuttle service is provided by ATV buses leaving from the railway station to the city centre (n. 11-12-13-21-22-23-41-62). To reach the conference venue you can catch either bus 11, 12, 13, 51. Get off at the first stop in Via San Paolo (corner Chiesa di San Paolo) take Via dell’Artigliere, go straight on as far as Viale dell’Università: Polo Zanutto is on the right. Tickets, valid within 90 minutes from the validation, can be bought at tobacconists for € 1,30 or € 1,50 on board.

ARRIVING BY CAR

You can reach Verona from Motorway A4 Milano-Venezia (Exit Verona Sud): proceed towards the city centre. When you reach Via San Francesco get to its end and turn right into Viale dell’Università, 5 - Polo Zanutto is on the right. From Motorway A22 Brennero-Modena (Exit Verona Nord): proceed towards the city centre. When you reach Via San Francesco get to its end and turn right into Viale dell’Università 5 - Polo Zanutto is on the right. Notice that most of the central streets are restricted traffic areas (ZTL, *Zona a Traffico Limitato - Limited Traffic Zone*) with camera access control. We suggest to check with your hotel for instructions on how to reach it with the car and get permission to do it.

PRACTICAL INFORMATION (A-Z)**BANKS**

In the city centre there are several banks open from 8.30 am to 12.30 am and from 2.30 pm to 4.00 pm approximately. There are many ATMs 24 hours a day - 7 days a week.

CREDIT CARDS

In Italy all the main credit cards are accepted.

CRIME AND PERSONAL SAFETY

Verona centre is safe, nevertheless we recommend to use common sense, keeping an eye on wallet when in crowds and possibly avoiding to carry too much cash or wear flashy jewellery.

CURRENCY

The Italian currency is Euro (€).

ELECTRICITY

Italy voltage is 230 and frequency is 50 Hz.



The electric plugs are mainly type C, F (Schuko) or L (three pole “Italian” plug). This standard includes two models rated at 10 A and 16 A that differ in contact diameter and spacing. Both are symmetrical, allowing the plug to be inserted in either direction.

LANGUAGE

The official language is Italian. Verona is a popular tourist destination, so most of the restaurants and bars staff speaks English and German.

LOCATION AND WEATHER

Verona, located in the north east part of the Italian peninsula, is 59 meters above sea level. The city experiences hot summers and cold, humide winters, even though tempered by Garda Lake influence.

OPENING HOURS

Offices

Monday - Friday 9.00 am/1.00 pm - 2.00 pm/6.30 pm.

Shops

Monday - 4.00 am/7.30 pm.

Tuesday - Saturday 9.00 am/12.30 pm - 4.00 pm/7.30 pm.

Supermarkets

Monday - Sunday 8.30 am/12.30 pm - 3.30 pm/7.30 pm.

In the city centre, shops and supermarkets usually stay open from 8.30 am to 7.30 pm or later and on Saturday.

SMOKING

On 10th January 2005 smoking bans were introduced in all the public place, such as bars, restaurants, hotels, offices, shops, etc... with the exception of the places with reserved smoking area, provided with a suitable ventilation system.

TAXES

In Italy all the services and goods are usually subject to VAT tax that is 21 % of the value of the goods. In restaurants VAT is 10% and it's usually already included into the bill.

TELEPHONES

Italy country code is **0039**.

For international calls, dial **00 + national code + area code + personal number**



TIME

The Italian local time is UTC (GMT) + 1, that means one hour ahead of Greenwich mean time. Italy adopts the daylight saving time (DST) from the last Sunday of March till the last Sunday of October.

TIPPING

In all restaurants, bars, taxis etc... the service is included in the price. Tips are happily accepted but it is not necessary to leave anything more than the amount assessed.

EMERGENCIES

In case of sanitary **emergencies or dangerous situations** the number to call is **118**.

Carabinieri (Italian military police) **112**

Police 113

Fire brigade 115

CHEMIST'S

In the city centre there are several chemist's shops, easy to recognize by a green bright cross.

They open Monday - Friday from 9.00 am to 12.00 am and from 4.00 pm to 7.00 pm. Duty pharmacies open also on weekends and holidays. Find the list of the chemist's shops with the timetable on www.farmacieverona.it or outside every chemist's shop.

HOSPITALS

Ospedale Civile Maggiore

Piazzale A. Stefani, 1

37126 - Verona

Policlinico G. Rossi

Piazzale L. A. Scuro, 10

37134 - Verona

Switchboard 045 812 11 11



GETTING AROUND

Verona city centre is extremely rich in historic and architectural beauties, so it is certainly worth to visit it by walking. This is the only way to enjoy completely the view of magnificent palaces, squares and monuments that bring us to an imaginary trip back to Verona's glorious history and, moreover, let picturesque glimpses stun our eyes and stimulate constantly the attention and enliven our fantasy.

CARS

Be careful about driving into Verona city centre because of ZTL areas, which are limited traffic flow areas where the access of cars is limited to pre-established times.

FREE ACCESS TO THE ZTL (Limited Traffic Zone) TIMETABLE

Monday - Friday:

- from 10.00 am to 1.30 pm - from 4.00 pm to 6.00 pm - from 8.00 pm to 10.00 pm.

Saturday, Sunday and holidays:

- from 10.00 am to 1.30 pm

If staying at a hotel inside a ZTL area, make sure the hotel or its garage calls the licence numer into the police and obtains a provisional transit permit. Keep the hotel bill in case you need to challenge a fine later.

PARKING

Free parking:

- Porta Palio Parking - stradone Porta Palio

Paying car parks:

- Arena Parking - via Bentegodi, 1 - tel. 0039 045 8009333
- Cittadella Parking - piazza Cittadella, 4 - tel. 0039 045 595593
- Italia Parking - corso Porta Nuova, 91 - tel. 0039 045 8006312
- Piazza Isolo Parking - via Ponte Pignolo, 6 - tel. 0039 045 8007921
- Arsenale Parking - via Arsenale 8 - tel. 0039 045 8303460
- Passalacqua Parking - via dell'Università - tel. 0039 045 2320025

It is the closest to Conference venue, just in front of the Polo Zanotto. For this open air parking place you can pay inside when leaving it. It is located in Viale dell'Università about 100 metres far from Polo Zanotto.

Parking is also allowed along certain roads in the city, in areas with white and blue painted control lines. In the second case drivers must use a special prepaid coupon called "Verona Park", on sale at tobacconists and paper shops, or use the ticket machines (parkmeters) located in the proximity of the car park spaces. For further information www.comune.verona.it



VERONA CARD

VeronaCard is an all-inclusive ticket that allows to gain free entry to museums, churches and monuments in the city.

There are two cards available:

- VeronaCard valid for two days at the price of € 15,00
- VeronaCard valid for five days at the price of € 20,00.

You can buy VeronaCard at museums, monuments, churches, tobacconists and tourist information point in the city centre and at Garda lake surroundings and at all the sales points which participate in the initiative.

For further information click <http://www.comune.verona.it/turismo/veronacard.htm>

VERONA BIKE (www.bikeverona.it/home)

Verona Bike is Verona's easy, practical and environmentally friendly Bike Sharing service. Designed to promote user mobility, Verona Bike is more than just a simple bike rental service: it's an actual public transport system that residents can use for short trips (up to 2 hours) alongside the traditional ATV bus system.

PUBLIC TRANSPORT

Azienda Trasporti Veronesi (ATV) runs urban public transport. Tickets, valid within 90 minutes from the validation, can be bought at tobacconists for € 1,30 or € 1,50 on board. For € 4,00 it is possible to buy a daily ticket, valid 24 hours long on all urban routes. Here is a synthesis of the main routes in the city:

- **From the station to piazza Bra (Arena)**
Monday - Saturday: buses 11, 12, 13, 72; on Sunday: 90, 92, 93, 96, 97.
- **From the station to Castelvecchio**
Monday - Saturday: 21, 22, 23, 24, 41; on Sunday: 91, 93, 94, 95.
- **From Piazza Bra to Polo Zanotto (Conference Venue) Via XX Settembre bus stop**
Monday - Saturday: 11, 12, 13, 510; on Sunday: 90, 92, 98, 510*
*Only in the afternoon
- **From Station to Polo Zanotto (Conference Venue) Via XX Settembre bus stop**
Monday - Saturday: 11, 12, 13, 51, 510; on Sunday: 90, 92, 98 and 510* **platform A**
* Only in the afternoon

TAXI

Radiotaxi switchboard (24 hours a day - 7 days a week) 0039 045 532 666

Taxi stand Piazza Bra +39 045 803 0565

Taxi stand Porta Nuova Station +39 045 800 4528



THE CITY OF VERONA

Verona is one of the most important cities in Veneto. It is well known for its artistic and architectural beauties. Thanks to its historical city centre was listed by UNESCO as a World Heritage Site.

ONE OF THE POSSIBLE ITINERARY

Starting from Verona railway station, along Corso Porta Nuova: you will easily reach the heart of the city, Piazza Bra, with the monumental Arena. The Romanic Anfiteatro is one of the most ancient and best-preserved of those existing, and it's now the charming venue of a famous Opera season. Give at least a glance at the great palaces Gran Guardia and Barbieri and take for the Liston, a characteristic wide pavement that goes through piazza Bra and brings to via Mazzini, a street plenty of shops, bars and restaurants. Arrived at the end of via Mazzini you will be surprised to find out a very peculiar dwelling: the very famous Casa di Giulietta (Juliet's house). At this point you certainly have a feeling for the city fascinations: the inner town streets hold unexpected shoots on ancient buildings, churches, and dramatic views on bridges and monuments.

Few more steps and you will find yourself in Piazza delle Erbe, the square where the city market has been taking place for centuries. The square is surrounded by some extraordinarily interesting buildings: the Domus Mercatorum, the Gardello Tower, Maffei Palace and Case Mazzanti (a huge completely painted "a fresco" house). Pass over the Arco della Costa, and see the beautiful Piazza dei Signori, that used to be, together with the adjacent Piazza delle Erbe, the venue of government palaces in Middle ages and it's now a very appreciated meeting place, where social and cultural events set almost every day. Very close to Piazza dei Signori are the Arche Scaligere, monumental graves of Signori della Scala, Lords of Verona straddling the XIII and XIV centuries, situated in front of the Church of Santa Maria Antica.

VERONA CITY SIGHTSEEING

With Verona City sightseeing you will have the opportunity to join the tour at any stop, listen the commentary in one of the seven languages available or reach any other bus-stop on the route and see all the best sights and attractions that the city offers.

There are two routes available, Line A and Line B: choose the one that more stimulate your curiosity! Ticket is valid 24 hours on both itineraries.

Hop off whenever you like and hop on every 60 minutes.

Wheelchair are welcome.

For information www.verona.city-sightseeing.it



CHURCHES AND MUSEUMS

In Verona there are several churches of great historic and artistic value. The most famous is the Basilica dedicated to San Zeno, hold as a Romanesque masterpiece. Rather inspired by Gothic is Sant'Anastasia Church, which is home to some famous Pisanello's and Altichiero's "a frescos". Remarkable too, the Dome (Santa Maria Matricolare Cathedral) and San Fermo Church, rare because of the four naves division, in its lower part.

Following is a short overview on the main museums.

- *Castelvecchio Museum*

It is in Castelvecchio fortress, an imposing building of the Middle Ages. The exhibition is hosted in about thirty rooms and it's divided into sculpture, Italian and foreigner painting, ancient weapons, ceramic ware, jewels, miniature paintings.

The old town bells are also on view.

- *Juliet's grave and Museo degli Affreschi*

The museum is hosted inside the monastery of San Francesco al Corso. Visitors can admire cycles of a frescos from Veronese medieval buildings in the sixteenth century, and nineteenth century

sculptures, while the church of San Francesco hosts works on canvas

of great dimensions ranging from the sixteenth to the eighteenth century. Inside a crypt

under the church of San Francesco lays an empty,

simple sarcophagus made of red Verona marble. It is believed to be the grave where finally rested the legendary Veronese Lovers.

- *Museo Lapidario Maffeiano*

This is the oldest public museum in Europe. It hosts an important collection of memorial and funeral epigraphs.

- *Teatro Romano and Museo Archeologico*

In the numerous exhibition spaces a large range of archaeological finds is displayed, like sculpted and decorative pieces coming from the Romanic Theatre, mosaics, votive and funeral stones, altars, epigraphs, sculptures, glass, pottery etc... Entrance ticket to the Museum includes also the visit to the Theatre.

SHOPPING

Via Mazzini and via Porta Borsari are appreciated and well known for the great deal of beautiful shops they display.

Footwear, clothes, underwear, leather goods stores, etc... all the best that Italian high fashion labels offer to fashion victims!



Pubs & Clubs recommended by COGEST M. & C.

ADRESA	PHONE	CLOSING DAY (verify)	LOCATION	PUB OR CLUB	AVERAGE PRICE
Alla Cappa	0458004516	-	City Center	Cocktail & trends	€
Filippini	0458004549	Wednesday	City Center	Cocktail	€
Le Cantine de l'Arena	0458032849	-	City Center	Music Brasserie	€
Highlander	0458002261	Sunday	City Center	Pub	€
Camelot	0458001096	Monday	City Center	Pub	€

Restaurants recommended by COGEST M. & C.

RESTAURANT	ADDRESS	PHONE	CLOSING DAY (verify)	LOCATION	CUISINE	AVERAGE PRICE
Pizzeria Bella Napoli	Via Marconi, 16	045 591143	-	City center	Pizzeria	€
Pizzeria Leone "da Cro" 1924	Via Zambelli, 20	045 806 5161	Monday	City center	Pizzeria	€
Trattoria Alla Colonna	Le go Pescheria Vecchia 4	045596718	Sunday	City center	Typical	€€
Hostaria La Vecchia Fontanna	P.ta Chiavica 5	045591159	Sunday	Near Piazza Erbe	Typical	€€
Ostera Carroarmato da Amalissa	Vicolo Gatto 2	0458030175	Monday	City Center	Ostera and food	€€
Ostera Sottoriva (Franco)	Via Sottoriva 9/a	045 8014323	Wednesday	City Center	Ostera and food	€€
Ostera Dal Duca	Via Arehe Sealigere 2/b	045594474	Sunday/Tuesday at lunch	Near Piazza Erbe	Typical	€€
Captian della Cittadella	Piazza Cittadella 7/a	045595157	Sunday/Monday at lunch	Near Arena	Fish	€€€€
Trattoria Da Ugo	Vicolo Dietro S. Andrea 1/b	045594400	Sunday/Monday at lunch	City center	Typical	€€€
Trattoria I Masenini	Via Roma 34	0458065169	Sunday/Monday at lunch	City center	Typical	€€€€
Trattoria Pescheria I Masenini	P.ta Pescheria 9	0459298015	Sunday/Monday at lunch	City center	Fish	€€€€
Trattoria Al Bersagliere	Via Dietro Pallone 1	0458004824	Sunday/Monday	City center	Typical	€€€€
Loanda 4 Cuochi	Via Alberto Mario 12	0458030311	Monday	City center	Typical/modern	€€€€
Ristorante Calmiere	Piazza San Zeno 10	0458030765	Sunday evening/Monday	Near S. Zeno Church	Typical	€€€€
Ristorante Antico Caffè Dante	Piazza dei Signori	0458000083	Sunday evening/Monday	City center	Refine	€€€€
Ristorante Maffei	P. Erbe 38	0458010015	-	Piazza Erbe	International	€€€€
Ristorante Maria Callas	Vic. S. Pietro Incarnario	045594034	Sunday	Center	Refined	€€€€
Ristorante Locanda Castelvecchio	Corso Castelvecchio 21/A	0458030097	Tuesday/Wedn. at lunch	Near Castelvecchio	Typical	€€€€€
Ristorante Re Teodorico	P.le Castel San Pietro	0458349990	Wednesday/ Sunday even.	Torricelle hills	Refined	€€€€
Ristorante Dodici Apostoli	V. Lo Corticella S. Marco 3	0455969999	Sunday evening/Monday	City Center	Refined	€€€€€
Ristorante La Bottega del Vino	V. Seudo Di Francia 3	0458004535	Tuesday	City Center	Typical (Wines)	€€€€€
Trattoria Al Pompriere	V.lo Regina d'Unggheria 5	045 8030537	Sunday / Monday at lunch	Near Juliet's house	Typical	€€€€
Ristorante Rubiani	Piazzetta Scalette Rbiani	045 8009214	-	Arena	Fish and more	€€€€
Ristorante La Fontanna	P.ta Porticchetti Fontanelle 3	045913305	Sunday/ Monday at lunch	Near Teatro Romano	Refined and Romantic	€€€€€
Ristorante Il Desco	Vic. S. Sebastiano 3/5	045595358	Sunday/ Monday	City Center	Refined	€€€€€
Ostera Oste Scauro	V.lo S. Silvestro, 10	045592650	Sunday / Monday at lunch	Near Castelvecchio	Fish	€€€€€
Ristorante Perbellini	Via Mtselle 130 – Isola Rizza	045 7135352	Sunday/Monday/Tuesday	Near Verona	Refined	€€€€€

€ = 10/25 EURO €€ = 25/35 EURO €€€ = 35/40 EURO €€€€ = 40/50 EURO €€€€€ = more than 50 EURO



TOURISM

GARDA LAKE

If the weather is fine, and you need to take a break from business, is there anything better than a journey to the lake? The villages around Garda lake are popular tourist destinations, visited every year by hundreds of thousands of people.

The surroundings of the lake are the ideal place to do several activities: the stretch of water is perfect for windsurf, canoeing, scuba diving or having fun on a recreational boat. Alternatively you can just sunbathe or have a reinvigorating swim.

The next up-country is also good for cycling, golf, horse-riding and much more. Moreover in proximity of the lake there are several natural reserves, amusement and water parks.

www.lagodigarda.it

LESSINIA

Lessinia landscape is made very special by its natural beauties and historical statements. It is a wide highland covered with woods and pastures, located for the most part in the provinces of Verona and Vicenza. The countryside has exceptional geological features and it is also rich of a large variety of rare plants. There you can also find picturesque towns with stone-roofed houses, made by the former inhabitants of this area.

In 1990 it was established the Regional Nature Reserve of Lessinia, created with the aim to protect its historical, archaeological and natural richness, and to preserve all the aspects of a very appreciated destination for excursions on foot or by cycle.

www.lessiniapark.it

VALPOLICELLA

Valpolicella, famous for the production of its excellent wine (Valpolicella, Recioto della Valpolicella and Amarone above all), is geographically a body of small valleys, gently sloping towards the hills behind Verona. Blessed by a mild climate, the landscape is made up of low rolling hills, fully by vineyards, olive and cherry tree groves and passed through by widespread sources.

Besides, an high interest is raised by the numerous villas, ancient churches and small stone built villages.

www.valpolicella.it / www.valpolicellaweb.it



SOAVE

Soave area is well-known as well for its wines: Recioto di Soave (a white wine) in particular has been the first wine to obtain DOCG certification (a special mark guaranteeing its high quality and its link with the origin area). It is a classic dessert wine, with digestive properties, ideal for dining accompaniment such as cream desserts, pastries (as "Pandoro di Verona" cake), blue cheeses and pâté.

The territory has also an historic importance. The town still maintains a middle-age structure, with an intact boundary wall climbing up the hill above, where the Scaligero Castle stretches skywards.

In September, on the occasion of the grape harvest, many events like grape fests or historical re-enactment, are scheduled.

www.comunesoave.it